

GENERAL INFORMATION ABOUT SPORT AND CULTURAL ACTIVITIES

SPORT EVENTS:-

BASKETBALL COMPETITION:-

Each match will consist of 2x10 minutes with 1 min break between to change sides. On the court must be 3 men and 2 women, maximum of 10 participants in total. The rules are Fiba rules.

FOOTBALL COMETITION:-

Each match will consist of 2x15 minutes with 1 min break between to change sides. On the pitch must be 5 men and 2 women in total maximum of 15 participants in total. The rules are Fifa rules.

SWIMMING COMPETITION:-

Men

50 metre Breast stroke
50 metre Freestyle
50 metre Backstroke

Women

50 metre Breast stroke
50 metre Freestyle
50 metre Backstroke

Mixed (2 women, 2 men)

4x25 metre relay race

10 participants in total

FUNNY GAMES/ RELAY RACE:-

The race is made up of four parts, it contains inflatable challenges, it requires between 8-13 participants and will occur in the stadium.

The leader of the team will start the race with the first event:-

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|-------------------------|-------------------|
| 1) Sumo | Leader |
| 2) Skiing and big prize | 3 men and 2 women |
| 3) Rope challenge | 1 man and 1 woman |
| 4) Big Darts | 3 men and 2 women |

DANCE COMPETITION:-

Participants = 1 couple, they will dance on stage in the festival park.

The participants will dance 4 dances, waltz, cha cha, samba and tango.

The judges will be made up of one person from each delegation as well as three professional dance judges. The delegations of the dances in the final will not be allowed to vote on the winner. In order to create a fair competition.

CULTURAL EVENTS:-

PHOTOGRAPHY COMPETITION:-

1 Participant from each delegation

The photographers will hand in their three best photos for judging. Three professional photographers will each judge the pictures, at the same time we will have a local vote. Where members of the public will be able to cast their votes. This will take place in Rezekne museum

A volunteer will be stand around the voting box to make sure people only cast one vote for the photo.

PAINTING COMPETITION:-

1 Participant from each delegation

The painters will hand in their best pictures for judging. Again like above their will be three professional photographers judging and also a local vote. This will take place in the cultural house.

STREET THEATRE COMPETITION:-

1-8 Participants, performing a maximum of 40 minutes.

There are four locations around the town hall area, where the street theatre performances will take place. The times of your performance will be given at a later date.

The street theatre competition will be judged by an international panel, each delegation will elect one person to go around the performances and award points. At the end the points will be added up and the winner announced.

EUROPEAN QUIZ

The European quiz is made up of three parts.

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|---------------------------|--|
| 1 – Quiz on Europe | 2 participants |
| 2- Food and drink tasting | 1 participant (Please remember to bring something from your country) |
| 3 – Treasure Hunt | 4 participant |

7 participants in total.

The winner will be decided on the overall amount of points from the three parts.

NATIONAL COOKING COMPETITION:-

Monday:- Belgium, Denmark, Finland and France

Tuesday:- Scotland, Germany, Greece, Hungary and Spain

Wednesday:- Portugal, Ireland, Italy, Lithuania and Luxembourg.

Prepare the food for 25 people

Prepare a main dish and a side dish of cheese and bread from your region within your country.

The cooking competition will take place in the festival park on a large fire as in the olden times.

Each delegation will be given a big pan and spoon. If you require a frying pan, please let me know.

You will also be given plastic plates, spoons and forks to hand out the food for tasting.

5 local cooks will judge this competition.